

Schools of Psychology

Helping People

Which school of psychology might have the best approach for helping with the following problems? Explain why.

1. Teach a child with a learning disability to write her name.

2. Help a person to quit smoking.

3. Help a woman who cries whenever her boss criticizes her, lowering her chances for promotion.

4. A husband verbally abuses his wife. The wife feels she is wrong and has low self-esteem.

5. A depressed man considering suicide does not know why he is depressed.

6. A boy is afraid of animals.

7. A man is unhappy about the direction of his life.

8. A child continually speaks out and interrupts in kindergarten.